

Hydrotherapy Contraindications

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Weight limit = 350lbs

Hydrotherapy Contraindications

- **Abdominal Hernia** - No, if current.
- **Abdominal Surgery (recent)** - must be > 3 months.
- **Abnormal Distention (current)**
- **Acute Liver Failure**
- **Anemia** – untreated or receiving transfusions.
- **Aneurysm** – all types
- **Cancer** – Is the patient currently receiving treatments? If so, No.
- **Carcinoma of the rectum**
- **Cardiac Conditions** – no implanted devices
- **Cirrhosis** (with ascites)
- **Congestive heart failure** (*New York Heart Association Class III or IV or ejection fraction less than 50%*)
- **Crohn's Disease**
- **Colitis**
- **Dementia /Alzheimer's** – *patient must be able to transfer on and off system with minimal*
- **Dialysis**
- **Diverticulitis/Diverticulosis** – **current infection no, but okay > 6 weeks**
- **Fissures or fistula** (particularly in Crohn's disease)
- **Hemorrhaging**
- **Hemorrhoidectomy**
- **Intestinal perforation (recent)**
- **Lupus** – No if Acute episode
- **Pregnancy**
- **Rectal/Colon Surgery**
- **Renal insufficiency** (creatinine clearance less than 60ml/min/1.73 m2 – this is the level which separates mild decline in kidney function from moderate to severe)